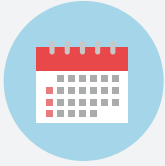


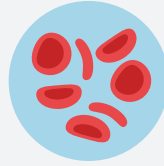


What happens after my IV iron infusion for IDA?

How long after my IV iron infusion will it take until I feel better?



This can vary depending on the patient, but usually, symptoms like tiredness improve over 1 to 2 months



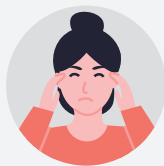
Your symptoms should continue to improve during this time; it usually takes about a month for your body to use the iron to make new red blood cells

What side effects might I feel once I am at home?

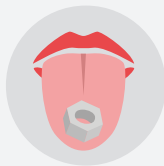
You may experience mild symptoms beginning several hours and up to a day after your infusion:



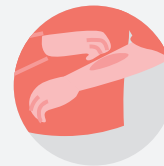
Fever



Headache



Metallic taste



Rash



Body and muscle aches



Symptoms are usually mild and self-limiting, but could last several days

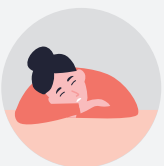


Over-the-counter pain relievers may help



Call your doctor if symptoms continue, become more severe, or you experience pain or swelling at the infusion site

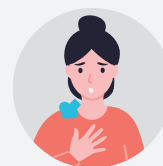
It's been a few weeks since my IV iron infusion, but my IDA symptoms have not improved, and I still feel...



Tiredness



Muscle weakness



Shortness of breath



These symptoms *could* be due to your IDA because your body might still need time to make new red blood cells



Or it could be a condition called **hypophosphatemia**, (low phosphate levels in blood), which can occur with certain IV iron treatments



These symptoms should be reported to your doctor for testing and treatment

After your infusion, your doctor may order blood work and/or schedule a follow-up appointment to monitor your IDA progress. Reach out to your doctor if you have further questions

Abbreviations: IDA, iron deficiency anemia; IV, intravenous.

References: 1. Van Doren L, et al. *Am J Hematol*. Published online January 29, 2024. doi: 10.1002/ajh.27220. 2. Cleveland Clinic. Iron Infusion. Accessed March 24, 2024. <https://my.clevelandclinic.org/health/treatments/14571-intravenous-iron-supplementation>. 3. Cleveland Clinic. Hypophosphatemia. Accessed March 27, 2024. <https://my.clevelandclinic.org/health/diseases/24040-hypophosphatemia>. 4. Cirino E. What to expect from an iron infusion. Accessed March 22, 2024. <https://www.healthline.com/health/iron-infusion>.